

# YOUR 12 CHANNELS OF BEING



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A New Model of Right and  
Wrong, Sanity, Love and  
Achievement

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## **A New Model of Right and Wrong, Sanity, Love and Achievement**

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Keith Scott-Mumby asserts the moral right to be identified as the author of this work.

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# YOUR 12 CHANNELS OF BEING

## Introduction

Wouldn't it be great if we had some kind of transparent plastic overlay to place across our lives, which would show up areas that are good, what's weak and what need fixing ASAP?

Well there is! I'm going to introduce you to it right now!

See, with the advent of Supernoetics©, my science of living and Being, with protocols for change and human transformation, we have a powerful new grammar of spiritual living. We can redefine old concepts, invent new terms, re-structure our notions of wisdom and enhance appropriate activities.

It allows us to re-visit debates like right and wrong, good and bad, ethics, morals, sanity, values and happiness. One of our powerful and unique thinking tools is the 12 "Channels of Being". This is all about flows, life energy, hence the term channels.

With good reason, these were first named R-Zones or zones of responsibility. They could equally well be labeled the 12 *Acts of Being*. These are a set of core values that are intelligent, workable, healing, radical and in which we can all share. These 12 Channels make us all accountable for our actions on Earth.

## Morals

The relationships which interlock us with others and the responsibilities that these bring, acknowledged or otherwise, we call morals. It may not be too popular a subject but it is just as applicable to those driven by success and wealth, as it is for the rest of us; indeed it is unavoidable for all men and women with a sufficiently broad and uncompromising outlook.

You may prefer to defer the issues until you feel you have carved yourself something of worth but sooner or later you will come up against the powerful influence of these factors.

The secret, for the wise man or woman, is that if properly understood, used and adhered to, morality is nothing to fear. It will not hurt your beliefs or limit your dreams. In fact here we can actually enhance our search and striving for achievement. Only a seriously flawed goal would hurt others. Most purposes and business ventures, if there is added value to exchange, will bring benefit and harmony to other peoples' lives.

## **Giving Value**

The ultimate aim of the good individual is to give value to others. As Napoleon Hill puts it in his enormously successful book *Think And Grow Rich*, the philosophy of the go-getter isn't perhaps quite as important, rewarding or sustaining as that of a go-giver. These are wise words indeed.

Henry Ford didn't get rich by robbing other people of values. He made his fortune by changing everyone's life in a way that was valuable (he could not have foreseen the issue of today's petrochemical pollution and that is the responsibility of subsequent generations to deal with, not some almighty goof on his part).

There is nothing immoral about success, wealth and achievement! Don't let the 20th century years of socialist' rantings persuade you otherwise. And don't be turned aside by arguments based on the fact that some entrepreneurs try to make it to the top on the backs of others and ride rough-shod over the common rules of decency.

That doesn't make it a rule. Exploitation isn't necessary. Ford, remember, paid his workers an above average wage and gave them the most envied working conditions in town. In doing so he made a fortune for himself.

## **The Scientific Basis Of Morality**

The question is: can morality, good behavior, be boiled down to a simple ABC, that shears ethical judgments of emotional context, authority and irrational history? Can right and wrong become something you can calculate, rather than agonize over?

The answer is "yes!" and here we enter another revolutionary Supernoetics® concept, that makes balanced living easier, more productive and a greater pleasure. One could even call it the scientific basis of happiness.

Rather than avoid the problem, it is important to reflect that in Roman Law, the ability to tell right from wrong is central to the very definition of sanity. Yet very few people can begin to make a fair judgment as to what really makes right right and why wrong is something to avoid.

Any wonder then, that what most people indulge in is frankly irrational or bordering on crazy?

## Introducing The 12 Channels Of Being

To examine what is happening here more closely, we can slice up the life and Being urge and view it in smaller segments which, analyzed separately, give a true measure of just how successful an individual or organism is. It's a picture of a person's life energies and how they are being distributed. We call these subdivisions of life energy The 12 Channels (Of Being). These are explained in the text that follows...



# Channel 1: Spiritual Being. The Inner World of Self

The mind, memory, imagination, character, spirituality and ultimate sense of connection.

This is in a very crucial sense our principal Channel Of Being. It is essential for realization of our full potential that we keep our mental mirror clean and bright, so that we truly reflect our environment. It is important to separate our existence as conscious beings from that as biological creatures. These are not the same and running the two together has caused endless confusion in biology, religion, psychology and politics.

As a creature, we have biological drives (which are sometimes hard to resist). These are for the purpose of survival and procreation. But as spiritual beings, pure consciousness, we cannot do anything else but survive. Consciousness does not die, just because the body ceases to function.

For a rich and fulfilling Channel 1, we need adventures and excitement; experiences which enrich our inner lives. Our plans, dreams and activities must fit snugly within this Channel. We need a compelling vision for our life: why we are here; what we want to DO.

Without a spiritual underpinning to our lives, we are adrift in a very stormy ocean. We can be buffeted, battered and blown off course.

It also speaks to authenticity, independence and autonomy. Self-determinism, we call it. Successful people are not followers. They don't do fashion. They don't join trends. They find their own vision, create their own map through life and walk the walk to their chosen destination.

# Channel 2. PERSONHOOD. THE OUTER WORLD OF SELF

*This is what other people see in us.* We might use the term personality but I call it “personhood”. Channel 2 includes the perception and enjoyment of one's own possessions, career, achievements, skills, interests, etc.

As well as the inner environment, one's “self” is represented in one's belongings and immediate surroundings—the outer environment. Happiness and drive come in the form of physical objects which enhance our status, health, good emotions, creativity and ability to attract and live with others. Even your music playlists are part of your Channel 2, as is the way you like to dress!

Living with beauty, tranquility and harmony is now recognized by leading doctors as an absolutely vital factor in enriching our lives and diminishing the destructive impact of stress. Look after your Channel 2 and fill it with paintings, fine music, good food and enjoyable recreation.

Remember health plans, exercise and good nutrition are among the many important aspects of Channel 2 survival. Sexuality seems like it should be part of this (overall health) but we have a special Channel for that, which is...



# Channel 3.

## The Romantic Sexual Urge

Procreation, which is of course major survival for all living creatures, can be compartmented into activities with the mate, mostly sex (Channel 3), and activities connected with the genetic line, meaning forbears and progeny (Channel 4).

Humans are a little different to most animals in that a great deal of life, vitality and Beingness is wrapped up with our mate. Romantic love is perhaps uniquely human and of course intensely interconnected with—but not exactly identical to—sexual activity. In fact romantic love is really a kind of sublimation (or substitute) for the sexual act, with stylized intellectual conquest and penetration, rather than the real thing.

It is one of the most powerful of all urges for humans, so much so that life may be set aside for the continuity and survival of one's beloved. Probably because it is so strong a force, sex in humans has become an almost constant presence and no longer seems confined to estrus (or being "in heat" as we say of animals).

When considering the feeling we describe often as "love" it's very important to distinguish it from the sexual urge, need and desire. Attraction and cherishment are positive urges; but the mere animal responses (low-level brain responses) of need and desire are not so worthy. These are like the drives of addiction; it's a version of craving, not true attraction, and certainly not true love.

I have often warned couples of the intense madness of wild desire, when you first meet someone. It's just a re-encounter—it's not love. Be careful! It basically means you have been circling around each other for countless former lives, battling your way through lust and conflicts, still coming around and around, bent on matters like getting even, reconciliation, strong urges and fulfillment; with rage and revenge often at the top of the list.

You will burst into flame, experience wild frenzy and then it will all turn to tears; trust me!

To violate your Channel 3, or experience major loss in it, is a great disaster indeed to one's own Being. Cherish it always. Without it, all the remaining Channels make little sense.

A word of warning: it's virtually an axiom that sexual misalignment at the top will likely crash any organization. If you are engaged in business in any way, shape or form, with your significant other or spouse, take care!

The desire for spite and revenge can loom large and cost you everything you worked for together. You probably know that saying, “Hell hath no fury like a woman scorned... etc.”

When leaders start to sleep around or flip partners, the general staff often take it as a cue that nobody is serious about work as well as relationships. It can quickly lead to a disaster.

I speak from experience: when my first wife suddenly left in favor of another man, she very soon went to work for one of my erstwhile rivals. She had learned all my medical secrets over the years, so there was nothing I could do. I’m sure she found it very amusing.

Unfortunately, the empire we had built together over the space of some 15 years did not survive and, in the end, after a messy breakup, neither of us came out with any money or kudos. It took me years to gain back my confidence and re-launch myself.

Meanwhile, her new lover did not last. We were both losers.

I have treated of this topic in one of my earlier pieces, entitled *Breaking Up Intelligently (If You Must)*. I hold it as a moral truth that it is mandatory on all conscious beings who aspire to be civilized, intelligent and caring, to seek for the means whereby values can be preserved and the growth of either party left undamaged by a divorce or break up.

We must seek to find ways to leave our ex-partner in a calm and relatively unshaken state of mind in which they can function properly. Failure to do so will sooner or later rebound on those who perpetrate such unconscionable acts, whether motivated by folly, spite or evil intent.

# Channel 4.

## The Genetic or Protoplasm Line

Procreation is a powerful survival urge and the basic procreation unit, the family, is a fundamental and great influence for humans.

With the recent scientific and technological revolutions in Western culture, we have shrugged off the reverence for our ancestors which has typified most human society since the dawn of time. It is a severely disruptive trend. Not only are we cutting ourselves off from a deep and moving influence in our lives but we commit the ultimate folly of failing to understand that we ourselves will one day be "ancestors"! It is a kind of ritual suicide and no-one seems to pay much attention to the lemming craze.

Speaking as a doctor, I am well aware of the profound influences of our forebears on both our constitution, mental make-up and life habits, as well as the more obvious "genetic" inferences (many so-called genetic traits are simply acquired conditions or un-sanity passed on from one generation to the next).

We would do well to pay more attention to the wisdom of those who still revere their ancestors and to aim to be both worthy of such acclaim from our successors and smart enough to teach them the value of this Channel!

Finally, by diminishing the stature of our elders, we lose out on a great deal of acquired knowledge. The youth cult which established itself in the 60s has been synonymous with the displacement and even disparagement of the elderly. Yet they have the collective years of experience which the young do not.

It has been said that the presence in the home of grandparents is a buffer against child abuse. At the very least, it means babysitters who are close kin, instead of money-earning strangers.

### 4a. Family Constellations

I can talk here about what I call constellations or "clustering". This is about groups of beings circling round each other and interacting, usually for karmic reasons. It runs through many past lives; these individuals meet up over and over, often switching roles, to try and resolve issues.

It's very important and incredibly powerful as a hidden family dynamic (just as relevant to Channel 3 as Channel 4).

There is often conflict, abuse, criminality, pain and the desire to get even... or resolve it all. Parents become children and their own grandchildren; children become parents in subsequent dramatizations.

Lovers from earlier lives, I have found, often keep meeting up intentionally. In fact it's the source of a great deal of incest, rape and other sexually non-optimum behavior. The father sees the child he loved as a sweetheart in an earlier incarnation. The child probably gravitates back to him and may even have chosen the incest vehicle, according to some past life workers (see Robert Schwartz's book, *Your Soul's Gift: The Healing Power of the Life You Planned Before You Were Born*).

The father becomes aroused again and misbehaves. This is also behind the heavy burden of guilt carried by the victim: he or she still carries the dim memories of the earlier time and even the child knows it is part of this constellation. This truth is often the last to surface.

Bert Hellinger wrote of a similar phenomenon when he talked about family constellations. These are previously unrecognized systemic dynamics that span multiple generations in a given family and to resolve the deleterious effects of that dynamic by encouraging the subject to accept the factual reality of the past. Such connections are, naturally, Channel 4 connections.

Hellinger practitioners claim that present day problems and difficulties may be influenced by traumas suffered in previous generations of the family, even if those affected now are unaware of the original event in the past.

The theory of ancestral "invisible loyalty", according to Professor Anne Ancelin Schützenberger, recognizes that supposed loyalty owed to previous generations may indeed predispose us to unwittingly re-enact their suffering and unfinished business in our own life events.

My own Supernoetics© gives great importance to this responsibility, which is hardly acknowledged in other psychologies. But merely recognizing this effect allows resolution of apparent "family curses" and "inherited bad luck".

Recent findings in epigenetics research supports the concept that after-effects of trauma can be passed to subsequent generations.

# Channel 5.

## YOUR PLACE IN THE WORLD. LEGACY

Here we have an outward extension of Channels 1 and 2 and of course it bears heavily on Channels 3 and 4 as well. You face outwards to meet the world with the love and strength of your family behind you (or not as the case maybe).

Moving outside the family, you begin to participate in the world at large. This Channel touches on your role in the bigger arena, including your job, your prosperity rating and exchange with the others. In the old days of fiefdom and vassals, you tended flocks and grew whatever food you could. That was about the allowed limit and it was not until after the industrial revolution and the urbanization exodus that it became possible for an individual to claw their way upwards and carve an independent fortune.

Like it or not, we are today involved in an economic and acquisitive society, in which a person is sometimes judged by what they accumulate financially. A person of means is seen as a positive social element, whereas the poor and needy are often judged harshly.

However, the really important measure of a person's "worth" is *what they do in the world*. Mozart and Nikola Tesla were penniless when they died but they had a great impact on history and the people around them. Your Channel 5 may be measured somewhat by the house and car you drive, and how much you have in assets. But far more than that, your Channel 5 is measured by what you bring into the world, that wasn't there before you came along!

That's very powerful. That's your legacy.

Responsibility for one's zone of work and any income earning activity, whether several separate jobs or as part of a larger personally run wealth creation plan are part of this Channel. Responsibility extends to all one's fellow workers and to the organization or business of which one is a part.

So look after your work group. If you feel you can't, change employers until you can. The attitude of most—simply to get by with a minimum effort short of getting fired is treason to both the company and yourself. This kind of self-degradation may be the norm but it is deadly for morale and self-esteem.

For those of you who are designing your own work or business (being self-employed), make sure your endeavors fall within a financial model that is viable for you.

# CHANNEL 6.

## TRIBES AND NETWORKS.

Tribes and tribing are buzzwords today. A tribe is generally agreed to be a handful of people, up to about 150... just small enough that it is possible to know all members of the tribe by name and sight.

Larger associations, up to and including the size of a whole country, we can call a community. It's a large raft of people with common values, common interests and a mutual dynamic towards survival.

This includes the "extended family" concept or clan (tribe) system. A sense of community and belonging with others is probably one of the most profound human survival longings. When it is thwarted, things start to go seriously wrong for society as a whole.

*Another way of stating this Channel is our social network. Who we know; what relationship we have with them; what quality (and quantity) do our connections have?*

The opposite—loneliness and isolation, especially in old age—seems to be the misfortune of an increasing number of people.

In the old days, there was the concept of the "hearth", the fire round which people gathered for security, comfort and warmth. Food was cooked and shared. The "hearth" was a basic tribal unit of people, not confined to the family or clan but definitely a unit. In many ancient traditions the hearth is connected to the sun, the source of warmth and light.

Unfortunately, our tribal and family communities have tended to break up into job-and-family units. In the 60s and 70s we embraced concept of the so-called "nuclear family" but the sad truth is that it is quite unable to sustain all our needs. This unrealistic expectation has led to such intense pressure on the family and the core relationship (man and wife) that even this unit has started to break down, leading to rafts of isolated and largely unhappy individuals.

Channel 6 would stretch to include our nation or the state to which one belongs, as I remarked, but would not embrace narrow and destructive ideals of so-called "nationalism".

Tribes are dangerous in the political arena. Everyone who shares one group of values is likely to want to overthrow (even kill) tribes who do not share their values. (for example, Christians and Muslims; communists and non-communists...)

## **The Roseto Phenomenon**

But tribes are not just divisive; they have a positive quality too. The power of community is seen in the case of the town of Roseto in Pennsylvania, which became known for the extraordinary health and long-lived tendency of its inhabitants. Virtually no-one under the age of 50 died of a heart attack or showed any signs of heart disease. For men over 65, the death rate from heart disease in Roseto was half the national average. The death rate from all causes in Roseto was 30- 35% lower, overall, than the rest of the United States.

When scientists finally figured out the story, they realized that the very close social ties in that community were what kept people happy and healthy. At the start of the twentieth century, Roseto was almost 100% Italian; not just that, but from a specific region of southern Italy; they shared the same dialect. The folks there had a strong sense of group and belonging.

That's how powerful and healthy tribing can be! So it will pay you many times over, to be conscious of your strong tribe connections and it will reward you to foster them in community, whether as a volunteer worker, or just a good neighbor!

## **Non-Local Tribes and Communities**

I introduce this concept, to separate the idea of geographically or ethnically related tribes and associations from that of groups with a common interest or fulfillment.

Nowadays, thanks to the Internet and Facebook and other social media, we have tribes such as the dog-lovers tribe; the golf tribe; the antique collectors tribe; the UFO hunters tribe. Then there are smaller, but delicious nonetheless tribes, such as fans of Jane Austen's writing or lovers of Early Music.

In these cases, individuals are drawn to each other because of intellectual connectivity, rather than peers, race or locality. Members of associations of this sort may never actually meet each other physically!

The phenomenon remains just as valid, perhaps more relevantly so in our modern world.

# Channel 7.

## Mankind, the Species

Awareness and responsibility for mankind as a whole, irrespective of race or gender is our seventh major channel of responsibility. We are all the same species biologically and can interbreed for survival; black, white, yellow and red. With the gradual emergence of a "global village" concept we are made more aware of our demographic identity. However the problem which diminishes our mental health in this Channel is that any sense of participation is submerged in the sheer vastness of it.

Moreover, there is increasing unease today that we are being manipulated by hidden power groups, which are managing resources and control mechanisms for their own ends and primarily for the purpose of enslaving the population to their whim.

It is frustrating and dis-empowering to feel we have no way of influencing events on the planetary scale. Or at least we didn't have; until...

### **Channel 7a! The Internet and Social Networking**

In 1979 artist Andy Warhol famously said that every person can be famous for fifteen minutes. He was thinking of TV slots. But that was nearly 40 years ago. Warhol didn't foresee the Internet.

Thanks to the Internet, anyone can have far more than just the 15 minutes of fame that Warhol promised. If you join a reality TV show you can be a celebrity of an obnoxious kind for weeks or even months. But on the Internet ANYONE can become famous, build a following and hold onto their celebrity status for years or decades. An individual with little or no chance of fame or success could now attract a following of MILLIONS! Such individuals are called "influencers."

The Internet is its own place; it's a whole new realm of consciousness and I have pinpointed it as a step forward in the evolution of consciousness. I believe something will ultimately come out of it that is bigger and more embracing than anything we can possibly imagine from today's perspective. That "something" will be a whole evolved conscious entity that is more than the sum of its parts.

This terrifies politicians, who seek to control the Internet, because while there is a free Internet they cannot enslave a society and force it to live by their lies.

But while this new creation was giving them nightmares, a whole new phenomenon jumped up, right on the back of the Internet. I'm talking about what is called "social networking".



These are worldwide groups of people (see Channel 6, tribes and tribing), linked by the Internet. The first of any note was MySpace ([www.MySpace.com](http://www.MySpace.com)), where anybody could create themselves a web presence and publish it within a matter of minutes.

This was soon followed by Facebook, which is now the giant of this field. More people visit Facebook every month than visit Google! Facebook ranked as the sixth most trafficked website in the USA with more than 30 billion page views per month. Facebook's growth is still increasing exponentially. As of 2009, Facebook has over 200 million active members. Over half of the users log in at least once a day, to trade chat with their friends, to preen, boast and swap interesting stories.

Then came Twitter and it too went stratospheric. It's far smaller than the other two networks but is growing faster than all the rest combined. It allows only very short messages (140 key characters) and is very suited to this modern, hectic world of instant thought "bites".

After that TikTok, WhatsApp, then SnapChat. It will go on and on, I think.

Twitter (known as "x" since Elon Musk bought it) has become such a powerful social phenomenon worldwide, a means for citizens of all nations to rapidly and freely exchange facts (those very truths that politicians abhor), that the Chinese government was forced to shut Twitter down, before the people learned they were slaves and a better world lay beyond China's borders.

More recently (2011) a mass demonstration by the population of Egypt was able to oust an unpopular president, Mubarak. It emerged that the revolution had been initially fermented on Facebook, with people swapping messages and getting galvanized into action, even before they took to the streets.

That's how powerful social networking is and why I am giving it such emphasis in a treatise on happiness and harmony.

## **The Real Revolution**

I don't want you to miss the subtlety of the real transformation that has taken place in the media arena, caused by social networking.

There have only been four previous shifts in the last 500 years, where network communications changed the world so much that it could be called revolutionary:

- The printing press, which made mass printing possible
- Real-time, two-way communication: first the telegraph, then the telephone
- Recorded media, other than print: first photos, followed by recorded sound and movies
- Mass media, radio and television

There's an additional twist on this and why this fifth revolution of social networking online is so powerful: the media that were good at creating conversations (eg. telephone) were not good at creating groups; and the media that were good at creating social groups (newspaper readers, TV viewers) were not good at creating conversations...

That has all changed and those limitations no longer exist!

The Internet is the first media in history that has native support for groups and conversation at the same time. This has led to a massive transformational change in which the audience can now also be creators and not just consumers.

The media is no longer telling us what to think (it tries, still) but we are telling the media, via the massive social mass outpourings and “likes” of the new digitized media, such as blogging, Twitter, Facebook etc.

It’s a sea change. The result has been dubbed the Earth’s “hive mind” (after insects). It has its own powers, its own rules and works in its own space!

## **Channel 7a Internet Update**

Since first writing about Channel 7a, The Worldwide Web (W3 or www) twenty years ago, things have advanced rapidly. I predicted it would change human consciousness. It has done that and more: it has physically united us all across the globe.

Of course the shadowy one-world dominion movement, whoever and wherever they are, will not be happy about people freely communicating; it’s the very opposite of slavery!

Governments are constantly threatening to “regulate” the Internet, meaning take away its freedom and make it do what they want. China has already shut down parts of the Internet, to prevent its slave-citizens finding out what the world is like beyond its borders. Ousted president Mubarak of Egypt probably wishes he had!

I predict that the first really major move to shut down the free Internet will come from the United States. There have already been threats. The USA has the attitude it owns the Internet, just because most computer and web-based companies are US in origin (Apple, Google, Microsoft, eBay, Facebook, etc.)

The threat to international freedom and accord when this fascist act finally takes place has worried me for a long time. But this morning a new concept emerged for me; it’s the combination of the above ideas and something else I’ve been teaching for years as a doctor.

## **Life will find a way!**

These are (to me) portentous words from the movie Jurassic Park. Mad Doctor Hammond (Richard Attenborough) is trying to control his population of dinosaurs by breeding them dependent on the amino acid lysine. Since they cannot make their own lysine, they cannot breed—or so thinks the naïve Hammond. But Jeff Goldblum’s character, Dr. Ian Malcolm, warns him that it won’t work; life will always grow, change, expand, find its way round blockages. It will evolve. Life cannot be contained; it’s too clever, too relentless, too ingenious.

And sure enough, the nightmare starts when they find that some of the raptors have learned to breed and reproduce without the lysine. Life will solve its needs somehow.

I take that to be what will happen if ever there is a threat to control or destroy the Internet. All over this planet there are 7 billion clever life forms called Humankind. Many of them are industrious, card-carrying geeks, who will see control as a personal challenge; something to be worked around or overthrown (rather like hackers do now).

Somehow they will come up with a solution, like the movie dinosaurs did. I don't know how it will be solved but I do know this: Life will find a way.

## **Artificial Intelligence**

Well, it's here, as I foretold in my book *Virtual Medicine* (1999), later expanded and republished as *Medicine Beyond*.

People are now panting for AI to write them books, generate gorgeous or pornographic images, make them famous, do all the work. One cannot say it won't last, it's a fad. It is now part of our planet Earth reality. AI is here, big time.

There is little room here to explore the pros and cons of something so titanic in concept. Let me just quote a letter by songwriter Nick Cave, read by wonderful English comic and super-intellect Steven Fry, about the damaging impact of Chat GPT on creativity and the human essence:

Relying on Chat GPT is "Participating in the erosion of the world soul and the spirit of humanity itself..." Using AI to create art "Undermines the meaning of life and threatens the resilience of humans to do beautiful things..." So says Nick Cave.

# Channel 8.

## The Biosphere

Responsibility and care for the survival of all living things, the animal kingdom, plants, other vegetative forms, microbes and our interest in the survival of the entire biosphere is our Channel 8. The problem of sustainable ecology now grips the attention of all thinking individuals and we need to get into gear in this Channel quickly, or we may do irreparable harm.

Since 1969 we have all been treated to the privilege of seeing our planet as it looks from space. Logically it ought to make people aware of how fragile and precious it really is. Sadly, this epochal event has produced little change in mankind's attitude overall.

James Lovelock introduced us to the term Gaia, the ancient Greek mother of life for our Earth Mother spirit. This is our 7th Channel.

But it's more subtle than that. Cleve Backster, in 1968, showed that plants and animals respond to human interaction. Plants can sense people and even identify them. Using a simple wheatstone bridge device, testing changes in surface resistance (like a lie detector), Backster was able to show that plants reacted to being damaged, as if they were feeling pain.

But they could also identify the individuals who hurt them. Moreover, plants knew when animals were being killed in another building (brine shrimp dropped at random into boiling water).

Plants and humbler animals are quite clearly conscious and perceive, as we do, even though they don't possess a brain or nervous system. That leads to a key concept in *Supernoetics*©: *non-sensory perception*—Backster used the term primary perception.

Pierre Paul Sauvin, an electronics expert from New Jersey, showed that plants wired to electronic detectors reacted briskly whenever he experimentally hurt himself. Also, at the precise moment he and his girlfriend were having orgasmic sex, in a forest eighty miles away, the plant reaction sent the needles off the dial!

Such phenomena put a different interpretation altogether on our traditional concept of the living world and our part in it. It carries a great deal of responsibility. We are most definitely intertwined and part of the "matrix" of life.

The implications of all this are vast and startling. We are impacting everywhere in our environment. Our sphere of influence travels outwards an unknown distance. In the same way as a field in physics has no boundaries, maybe our beingness has no limits: we are as vast as the Cosmos we inhabit.

That's what is emerging in Supernoetics© research.

Here's a picture of me with my friend Cleve Backster and the very plant (Dracaena) he experimented on!



# Channel 9.

## The Physical Universe

When I first wrote this piece, over 20 years ago, I put “physical reality”. That, it transpires, was rather naïve. There are probably an infinite number of physical realities. Indeed, advanced Supernoetics© finds imprints of these other realities on the core memory of every single individual we have come across. More of that in Supernoetics© advanced level Extreme Mysticism.

Let’s just say responsibility and awareness of the workings of our experiential physical reality (whatever it is and however it came about) contains all our heritage and constitution. If you believe, as many teach, that we are here on Earth to learn, you will be upset at the thought of your blackboard and slate being snatched away! (I suppose now I would express this as having all your software wiped by a power source failure).

The husbanding of non-renewable sources of energy and non-destructive commerce is important to our continued existence here.

This Channel stretches to astronomy, cosmology and the origins of the universe, all of which may have as-yet-unguessed consequences for our survival.

You may think it’s a bit daft that we should be “responsible” for stars and galaxies that we cannot even reach, never mind take care of. That may be true for the moment but not for long. Some of you, with Supernoetics© ascension, will be off to look after other worlds in due course.

And don’t forget that, if physical reality is a property of consciousness, we are indeed FULLY responsible for the Cosmos. Without us, it won’t be there.

This reminds me of a great science fiction story I read over 50 years ago. It was about a grumpy sullen kid, who kept wishing away bits of the physical universe and he did have the powers. The short story picks up where there are just a few small acres of reality left and beyond that, a void, nothing! The frantic parents were doing everything in their power not to upset him, in case he wished away all that was left. But you knew, they couldn’t keep it up for long...

In the quantum world, there are strange manifestations which we can hardly grasp, that are taking us to new levels of understanding and, curiously, seem to be wrapping around to come into contact with the phenomenon of consciousness itself.

There is a whole thought school that our Universe must, by definition, have been created by human consciousness. It’s called the “anthropocentric” view (Mankind centered). There is abundant evidence in the form of unlikely mathematical formulas, measurements and constants buried in astronomy and physics that

strongly imply that if the universe had been created even slightly differently, there would be no conscious life and therefore no knowable Universe!

Big stuff, indeed!

## **Adaptive Evolution**

What does this have to do with “intelligent design”? Nothing. The same would apply whether the Universe was directed by multiple human consciousnesses or a divinity. We can call it creation by “conscious intent”. My term is non-doctrinal and does not imply that evolution cannot have taken place and does not rely on the notion that the world was created ready made in an instant by some overarching power.

Adaptive evolution is a new buzzword, referring to the ability of life to renew itself and conquer restrictions. This even includes over-riding inconvenient genes. It happens and is proven, so classic genetics is really dead, as is Darwinian evolution.

What this model allows for is that the life force, including consciousness, can design the hereditary future it wants, in response to the environment. The cranky idea of life as just a series of “lucky mutations” is dead forever. It just requires the scientific establishment to catch up with the evidence they have been wrong.

Life—consciousness—controls the world, not math and random events. In just a few words: *we created the reality we experience.*

# Channel 10.

## Thought Forms, Knowledge and History

This refers to everything to do with conscious thought and creation. It means the non-material world. It includes abstract ideas, like “history” and “future”. Whereas simple animal life is clearly able to make predictions about the future (estimations) based on past experience (memory), it is one of the glories of our conscious Being that we can step outside our experience and see ourselves being ourselves.

We can think about thinking. We can experience having an experience. Gurdieff and others have noted this and called it witnessing, observing or mindfulness. It is impossible to give too much stature to this ability.

The contents of an encyclopedia are Channel 10.

Continuity and preservation of all forms of thoughts, concepts, art, spirituality and the mystical dimensions is a valid and important channel of being. Shakespeare and Beethoven, for example, certainly survive in some conceptual form today. Their physical form may have died but they are not “gone”.

That’s not to say you have to be a Tolstoy, Michelangelo or Beethoven to have a valid place on the 10th Channel. Far from it. The fact of being a worshipper of the arts more than qualifies you to expression on this channel. Not all football fans need to play football, to justify their interest. Indeed, it is the fan’s contribution which keeps the players on the pitch.

Similarly, it is the patrons of art galleries, concerts, rock festivals and such like that pay the artists to go on creating.

The awareness that this is, indeed, a valid channel of being, even by proxy, is a major arousal of interests for many people.

### **What To Do With All This Knowledge?**

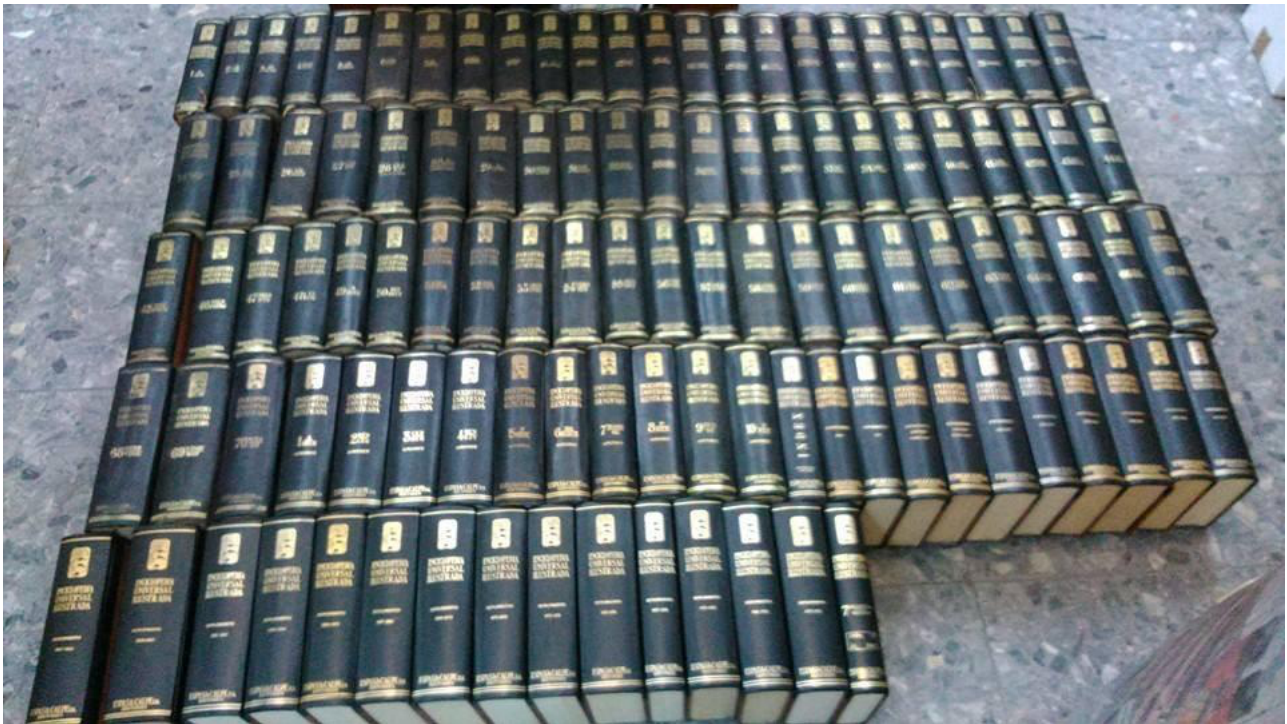
From earlier centuries, where the problem was the preservation and handing on of knowledge to subsequent generations (at least before printing came along), we have now reached a much greater predicament in the so-called “information overload” and that so much knowledge is now accessible that it becomes self-defeating and disruptive to thought continuity and mental health.

At the time of this writing, the combined Wikipedias have a total of more than 8 billion words in 19 million articles in approximately 270 languages. The English



Wikipedia alone has over 2 billion words, over 50 times as many as the next largest English-language encyclopedia, *Encyclopædia Britannica*, and more than the enormous 119-volume Spanish-language *Enciclopedia universal ilustrada europeo-americana*.

There are also many online databases which combine several encyclopedias and encyclopedic dictionaries and allow users to search all of the works simultaneously. For example, the Oxford Reference Online — a combined database of 221 encyclopedias and encyclopedic dictionaries, offering a total of 1.4 million articles as of 2011, with expansions planned for the future.



*The Enciclopedia universal ilustrada europeo-americana*

But the largest paper book encyclopedia ever produced is possibly the Yongle Encyclopedia, completed in China in 1407. It consists of 11,095 books, 370 million Chinese characters. That's twelve times the size of the 20 million word French Encyclopédie, the next nearest rival.

That's a whole lot of consciousness, in just a few channels! People worry about information overload today but, really, it's been beyond grasping for many centuries.

Yet all that knowledge comes from one source. The alphabet. 26 squiggly symbols we learn as kids.

History, too, belongs in Channel 10. History is a mystical, semi-divine subject for some people, whether that's just Earth history, Cosmic evolution or the Akashik Records. There is a lot to say about this level but no room here in this introductory piece.

# Channel 11.

## The Non-Material World, Spirits and Other Realities

Awareness of the possibility and diverse implications of the soul, or spirit forms, such as are endowed with energies to visit and impact on us here, both as carnate and discarnate "entities", is part of our 11<sup>th</sup> Channel. We ourselves, of course, are embodied spiritual entities. As Teilhard de Chardin wrote, "We are spirits having a human experience and not humans having a spiritual experience."

Here we enter the theatre of shamanism, ghosts and other realities (so-called).

We recognize entities and consciousness particles, which are not necessarily independent beings but certainly "think" and are aware. Torrents of papers and books attest to this phenomenon, even if you are unfamiliar with it.

Unless you come from the Planet Zod (a made up place, so remote that nobody there knows what's going on!), you will be aware we have started thinking of other realities and the spirit world as something very real.

According to physicist Russell Targ, there is no longer the possibility of any reasonable doubt, that phenomena such as ESP exists [*The Reality of ESP. A Physicist's Proof of Psychic Abilities*, Quest Books, Wheaton IL, 2012, p. 12].

Science itself is predicting, instead of contradicting, the possibility of multiple universes, our own doppelganger in other realities and the validity of conscious intention in changing physical reality. What was a concept, a dream, from former times is no longer a metaphysical construct but it's in the world of advanced physics.

Where we are unfamiliar with the mechanism, there is a tendency to regard certain effects as "magic" and be dismissive. However it is sobering to reflect that, to an uneducated tribesman, the workings of a radio set would be "magical".

In our *Failed Purposes and Lost Universes Rundown*, and higher advanced Supernoetics® techniques, you will come face to face with the startling fact that we are all made up of multiple consciousness particles. There is no true "I", just the Being in charge!

It's a world which we feel omnipresent and yet have little direct experience of. That's because it is constantly being drummed into us, from being small children, that it's all nonsense; there are no "ghosts", or fairies, or magicians and romancers.

Those who can reach out to this world are in a decisively stronger position to act out responsible control in this Universe than those who want to pretend there is “nothing out there”!

## Channel 11a. The Outer World

In Supernoetics® we have taken to referencing the “Outer World” meaning the non-material world. If we are indeed non-material beings, we are on the outside, peeping in to physical reality via our eyes and other senses.

That furthers the illusion others have noticed, that when you look into a person’s eyes, you see their “soul”. You are looking into the non-material Outer World.

So the physical world is the “inner” and everything outside that is “the outer world”. Just remember the Outer World permeates and is co-mingled or interpenetrating with the physical; but not the other way round!

Today, advanced physics recognizes this semi-mystical phenomenon too. With a grasp of non-locality comes the idea that space is an illusion. What we call “space” is something which unites everything, not something which separates, as considered in classical physics.

This is what gives rise to the concept of “oneness”. Everything is everywhere, along with everything else, all at once.

Whatever we are, think or experience depends on everything else in the Cosmos. This is not simply dysfunction, with co-dependence phenomenon. It means *All-That-Is* is not an aggregate of parts but a whole from which it is impossible to meaningfully separate any parts. Even if we manage to separate a chunk, studying it will teach nothing of meaning, until we put it back into the whole and study the whole.

That’s where modern reductionist science is at fault. Conventional science can never connect with matters spiritual: they have broken the model and then pronounce it non-existent!

However, even cosmologists have now started using the term Cosmic Web. The most widely accepted cosmological theories predict that matter clumps on a larger scale in the so-called “cosmic web,” in which galaxies, embedded in filaments stretching between voids, create gigantic wispy structures.

So perhaps physics and metaphysics are eventually going to land on the same page, after all.

Meantime, be a little bit wary of the stock-in-trade guru babble that talks about the “great oneness”. In most mouths and texts, I find it to be meaningless, insincere pap. It’s the easiest job description in the world: put on an orange robe and start talking about “one-ness”! You’ll soon be surrounded by believers and, if you get lucky, you’ll be given dozens of Rolls-Royces and billions of dollars.

# Channel 12.

## Highest Spiritual Abstraction

Energies directed to connection with the Creator of the Universe or Supreme Being are never wasted! It doesn't matter what you call this Channel (providing you leave others alone and let them call it whatever they want). In Supernoetics© we make no quasi-religious pronouncements—the 12th Channel is arguably the most important Channel but it is an entirely personal matter.

In fact the best expression for what we are dealing with here—avoiding provocative religious words and intellectual strangle markers—is “highest spiritual abstraction”. That sums it up nicely for me and I would ask you to start sharing this frame of reference, rather than get into religious territory with discussions involving Supernoetics©.

The idea that you can condense down the essentials of Channel 12 to a few statues or “holy” images and a ritualized frozen text from the past is unspeakably nonsensical; yet that is the basis of all religions.

If there were such a “person” as God, he'd laugh his head off at the actions and attitudes perpetrated in “his” name.

If you want to use the word God, I think it best said that God is a state of Being, not a vengeful, jealous, vindictive, misogynistic busybody in the sky, with serious anger management issues!

Of course these short cuts are the imaginings of imperfect people who want an easy solution to what is what is quite a tricky problem; face it: what do we have left when we speak of something beyond all, out of reach of time and space, with infinite knowing and infinite potential?

It's hard for a mere human mind to grasp (though some, I believe, have glimpsed it).

Here we have our important spiritual purpose. Our highest calling in life is, if you like, a compelling vision for what does “God” or the highest spiritual abstraction want from you in life? What are you supposed to be doing?

In that sense Channel 12 feeds back into Channel 1: our spiritual inner being.

To the Brahmin, all manifestations we call reality and consciousness come out of an underlying ground source which is itself conscious and creative but which we cannot see by looking up at it “from below”, so to speak. Knowledge of it comes only from immediate absorption into its state, which is a kind of divine enlightenment

The Christian message confuses things rather by assuming that Man is somehow of lower material or metal than the Creator. The one phrase to rescue from the muddle is that “God created Man in his own image”. It doesn’t mean he looked like us (which is how it is usually backwards-interpreted). I think it means we are God.

Those who have had near death experiences (NDEs) and returned have reported a state of wonderful, sublime and all-embracing love, into which we are absorbed after death. It’s like going home.

Probably we surrender our separateness and identity. I’ll let you know, if I go there and figure out a way back! In the meantime, read Anita Moorjani’s amazing and insightful book *Dying To Be Me*, in which she described God as a state, not a being.

Notice I have repeatedly used the word responsibility. That’s because all of these Channels belong to us and we have to look after them. Being uncaring and ignoring them does not make them go away. Trying not to do gardening, you will end up with a jungle plot full of weeds. Nobody is magically going to come and cut your lawn or prune the vegetation if you don’t look to it yourself. At least hire a gardener!

## **Time Out:**

Think of an idea or belief you hold. That lies in your first Channel.

Think of something you own, that is personal to you. It belongs in your 2nd Channel of Being.

Have you a sex partner? He or she lies in your third Channel. His or her ability to charm you is a gift from your 3rd Channel!

Think of someone in your family, either offspring or parents, for example. He or she is in your 4th Channel.

Think of something you have created that would not be there in the world, if you had not lived. That is—in every sense—your personal legacy! That is part of your fifth Channel,

and so on...

## **How Many Channels Is Enough?**

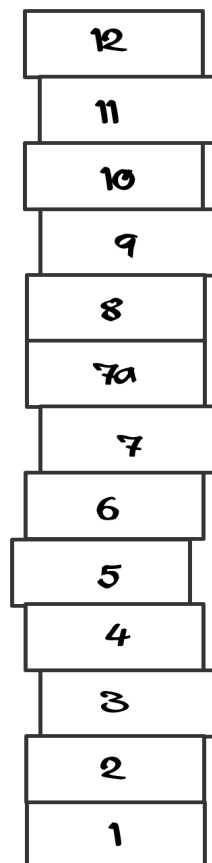
Remember, you can add to or subdivide these Channels or self-fulfilment zones as much as you want. However there is little point in complicating matters too much. If you dreamed up fifty channels (present day friends, past boyfriends, former lovers, former bosses, primary school, college frat, and so on...) would hardly have any workable merit either. I think these divisions are about right but you are free to add or take away, providing you can come up with something more empowering (and... please... don’t try to force it on me!)

Only extend or reduce the scope of each if it actually benefits you in some way and brings things more clearly into focus while working through things.

# Hierarchy or Circles?

These Channels can be looked at in various ways. For example, some people might think of an ascending order hierarchy, a stack, starting with the First Channel and building up from there.

Thus the Second is above the First, the Third over-rides the Second - and so on, with the Twelfth at the top and giving purpose and meaning to it all.



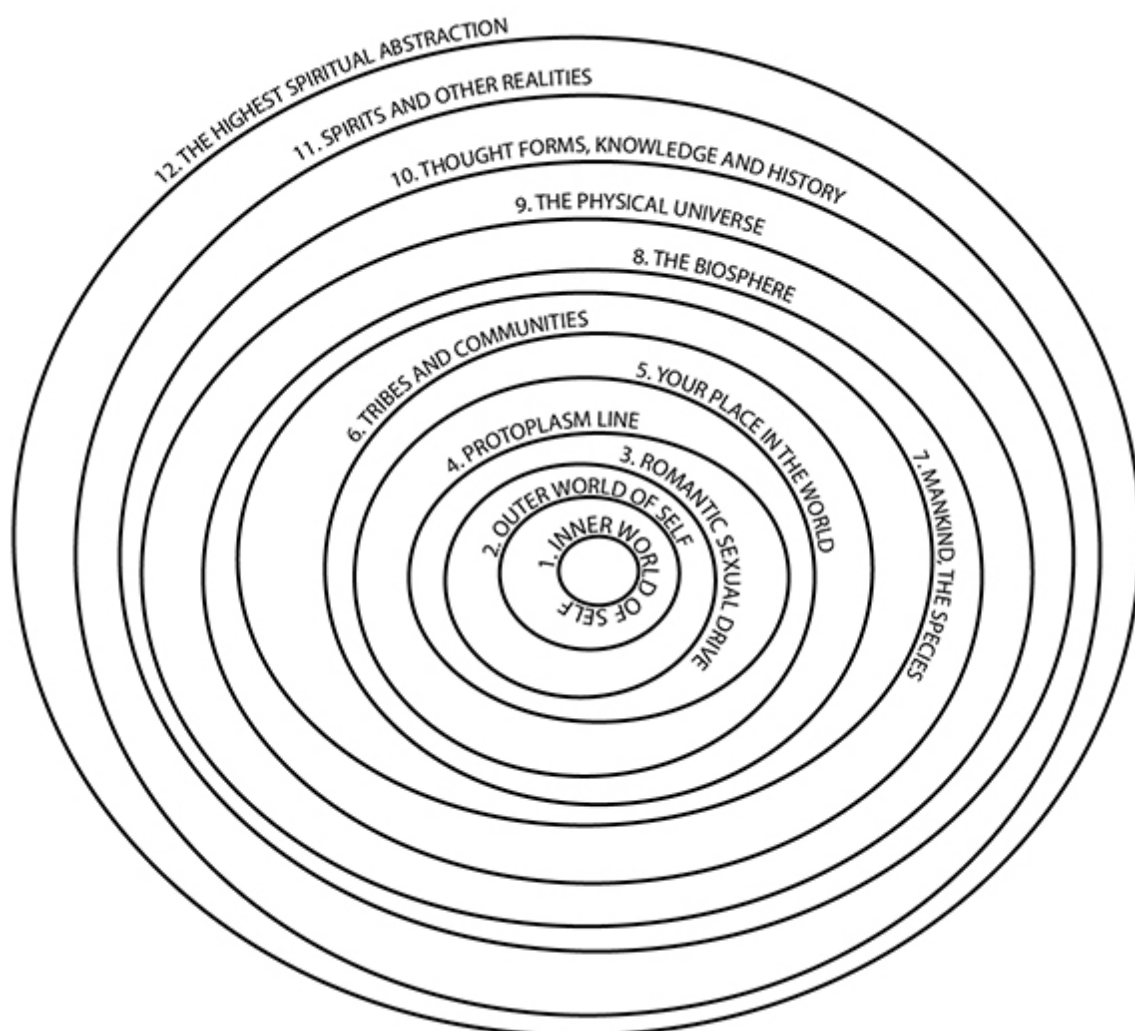
This is a schematic only but from it can be inferred that, taking Life as the overall issue, one's self is not as important as the family and future generations; these in turn are not as important as the group, or the species; which in turn is not as important as all life forms; and so on.

There is quite a persuasive logic to this. But what I don't like is the hierarchical presentation: the idea that one is inferior to those channels above.

## Outward From The Centre

Not everyone would see it that way, however. An alternative view is to see the domains as concentric circles. The First is contained within the Second, the Second within the Third, the Third within the Fourth, and so on.

It does seem to portray the idea of growth inherent within these Channels. This also accords very well with the Buddhist set of values concerning Life, whereas the hierarchical view, which is nearer to the Judaeo-Christian attitude, puts the individual down somewhat (though not when followed to the full, as you will see here).



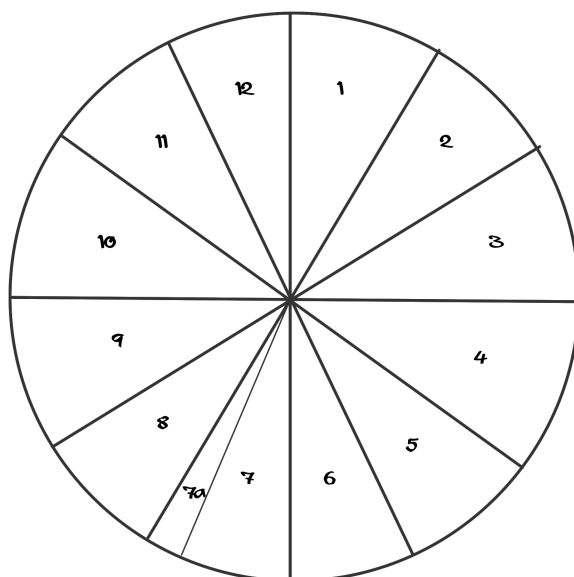
## A Wheel or Clock

Perhaps the best insight can be gained from using the model of a wheel, rather like a clock face. The First gives effect to the Second, the Second gives to the Third and soon, round and round the wheel, the Twelfth leading back to the First.

This is the best way I can think of to remind ourselves that the 12 o'clock Channel is really the source of our self; our view of the 1st is derived from whatever meaning we ascribe to the 12th and from this flows all others. That's about all there is to religion, really!

Thus everything stems from the 12th Channel - or the 1st - depending on the line of reasoning you use. The 12th Channel is really an image of the 1st and vice versa.

The circular argument itself is a rather nice and tidy logic. As if there was no beginning or end. But the sequence of movement and growth is what it is all about.



## Some Concepts Redefined

Right away, this model gives us novel insights into some vexed old questions. Let's take a look:

### Sanity

Using the concept of these mental zones or energy channels, it is possible to flood much more light on the definition of optimum behavior and it gives us a clean new definition of sanity. This could be redefined as positive action on all 12 Channels, with no damage or destruction, either through faulty acts or through neglect.

It is obvious that an individual capable of exerting such control over his or her life would be supremely happy. Happiness or Integrated Happy Living, is defined for the first time by quality engagement in these Channels, and it is just about the highest principle of good to which any human being could aspire.

That puts good behavior and happiness in the same place!

### Rationality

Supremely rational behavior is defined as someone who is balanced and attaining control, awareness and responsibility in as many Channels as possible. Note again, as I keep saying throughout this work, that happiness, rationality, good behavior, sanity are all different words for the same basic concept: intelligent reasoning.



## **Right-Wrong**

A new way of looking at right and wrong. An act is basically “right” to the degree it preserves and enhances all Channels and is “wrong” to the degree it damages one or more Channels.

## **Morality and Ethics**

Activity is moral and ethical to the degree it does no damage to these 12 Channels, nor interferes with the balanced functioning of anyone else’s 12 Channels.

Since this is cutting edge work in terms of isolation and definition of phenomena we need now to extend our glossary with two words to cover misdeeds (bad acts). Notice we are not being judgmental by using terms such as “wrong”, merely being scientific and calculating the general overall effect of certain types of behavior.

This is a far more precise and less pejorative view of the vexed question of morality.

## **Transgression.**

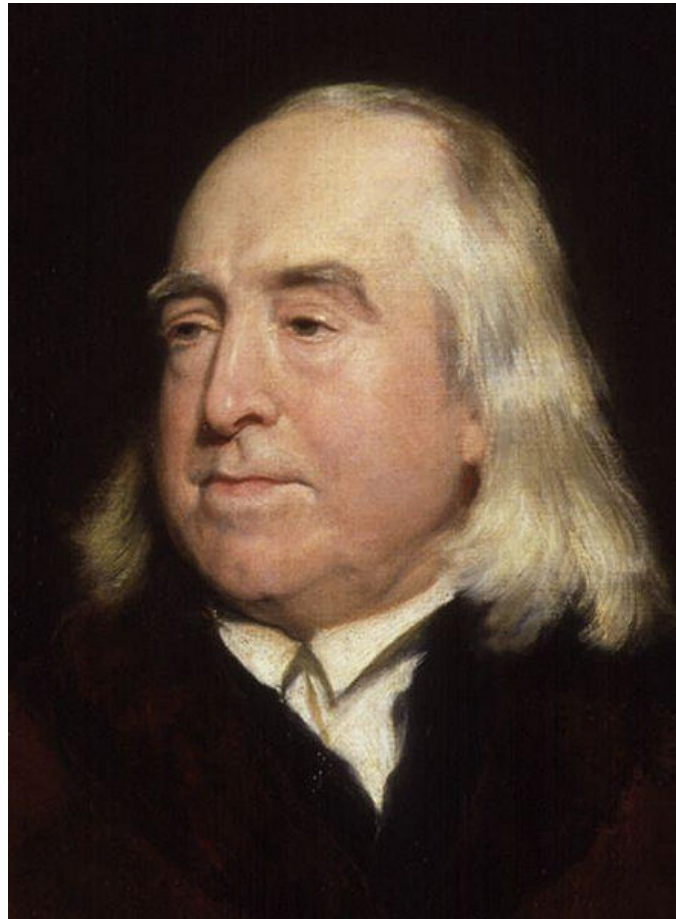
We can now redefine this old biblical word in terms of an individual's Channels. Basically, a transgression is an act of commission or omission that causes harm broadly across the Channels. In other words more Channels are harmed than are enhanced.

## **Infringement.**

This is a more subtle degree of incursion and harm towards an individual, family unit or tribe. An infringement means taking over and altering or controlling time, space, objects and energy that are strictly speaking not ours to manipulate in this way. Infringement means taking something away from somebody else.

Technical extension: it is almost impossible to even conceive of an act that brought no good to any Channel whatsoever. Good conduct is guided by the computation of the number of Channels helped or harmed and to what degree.

There is a philosophical stream developed largely by English philosopher Jeremy Bentham (1748- 1832), called “utilitarianism”. Utilitarianism is the idea that the moral worth of an action is determined solely by its contribution to overall utility: that is, its contribution to happiness or pleasure as summed between all people involved. It is thus a form of consequentialism, meaning that the moral worth of an action is determined by its outcome.



Jeremy Bentham

Bentham left a staggering 5 million words of his writings when he died! This was in an age when writing was all done with a quill pen and ink, often by candlelight after dark.

That's some output!

## **The “Greatest Happiness” Principle**

English philosopher John Stuart Mill (1806- 1873) contributed to many areas of philosophy, including logic, metaphysics, and epistemology, but is most famous for his utilitarian ethics, notably the principle that happiness was the greatest good – that it was the one thing that every human being wants, and that our desire for happiness was the root behind all other desires. For example, we may want a bicycle, or an education, or a chocolate cake, but we want these things because we believe they will make us happy.

According to Mill's ethical theory "Actions are right in proportion as they tend to promote broad happiness, wrong as they tend to produce the reverse of happiness." But promoting happiness becomes an ethical theory when it is applied to all human beings, not just ourselves. Mill's utilitarian calculus thus figures out how many people are affected by an action, how they are affected, and therefore whether the action is right or wrong.

Thus, what is called the “Greatest Happiness Principle” (actually first defined by Jeremy Bentham above) means the greatest good for the greatest number of people.

I would agree wholeheartedly with this, except to re-phrase it a little more scientifically, in terms of the greatest good across the greatest range of our 12 Channels.

The ultimate good is the greatest benefit to the most participants across the broadest range of our Channels of Being.

Jeremy Bentham coined the term “felicific calculus”. It’s amusing but also works: calculus meant working out the numbers; felicific just meant leading towards happiness. So felicific calculus was noting or calculating just how much good or worth there was in an action. We would say the greatest number of channels benefitted or the greatest good overall. In Supernoetics®, we have the memorable phrase to recall our loving wisdom:

The Highest Spiritual Accord

To live the best life you can conceive, to be the best and noblest individual you can be, always hold in your mind and heart the concept of “Highest Spiritual Accord”.

## **Acts Of Omission Are Just As Deadly**

Remember that we are not just talking about committing acts of folly or destructiveness. There are times (many times) when to fail to act is a severe transgression against one or more persons or Channels.

Many people overlook this vital point and fondly believe that if they do nothing at all they are being ethical. But to fail to intervene if you see someone being harmed would be an irrational act. This is what the story of the good Samaritan is all about. To leave someone to suffer a reversal whom you could help is despicable and operates mentally as a transgression, producing the same negative effects as those discussed below.

There are many workaday situations where the same principle of harm by inaction applies. You can probably think up several, though some require debate.

## **Responsibility In All Domains**

Obviously it is important that each and every one of us learns to advance our behavior to the point of optimum rationality, otherwise we may all end up fried by nuclear war, that is, no remaining 7th (or probably 8th) Channel, which would be the greatest conceivable folly and loss of survival.

Those who wish to build such bombs and promote the necessity of nuclear war, you may be sure, have no concept of Channel 7: Mankind. They are thus by my definition here insane, so don't rely on them to realize that if the 7th Channel perishes they'll be gone too.

Terrorists are scary because they don't seem to care if they die or their family is wiped out. There is no concept of good or survival for them; and yet they could bring us all down.

Fight irrationality as hard as you would fight evil... or harder!

## Taking Full Control

Development of awareness and personal growth brings with it a recognition of the need to take responsibility even at government and executive level. It is thus a heavy burden.

I like to quote Plato, who said wryly: One of the penalties for refusing to participate in politics is that you end up being governed by your inferiors.

However we don't start by solving the world's problems at the political level. While we are still personally inept in these matters, we might end up with insane destructive solutions, much as terrorists do.

So we begin where help is much easier.... Channels 1 and 2: self. Don't be apologetic about this. If someone asks you what you are going to do about the world's crisis, you can now tell them that you are going to improve your IQ and ability; sort out your own behaviors and find something better; bring love, wisdom, truth and beauty back into your life and do the same for family and friends and anyone else who wants to join in.

New Age psychology research, backed up by particular scientific studies such as the Japanese 100 monkey miracle, is quite clear that if enough people unite in this way, there will be an almost universal shift in thinking and living.

Now that is morality in its highest, most enjoyable and gratifying sense! That is also, by the way, supremely rational thinking.

## Supreme Definition Of Intelligence

Finally, then, we can come to a brilliant and comprehensive definition of the term "intelligence". It has nothing to do with the stupid fashion of believing that quick mental tests can measure innate computational ability. Intelligence has more to do with problem solving in life than on an examination sheet.

In Supernoetics©, *intelligence is a life of full and rational integration of all twelve Channels, with maximum positive performance and best outcomes on each.* Note: you do not need to spend 1/12<sup>th</sup> of your time on each Channel to be "balanced". Indeed, you should be 24/7 on Channels 1 and 12! Less time on the others. But nothing is excluded, at need.

**If you want to join us on the quest for the best life you can create, sign up at [supernoetics.com](http://supernoetics.com) or [scripturesinthemaking.com](http://scripturesinthemaking.com)**